

*Holy Time, Holy Rhythm*  
*The Path to*  
*Untamed Hospitality*

Five Day Academy  
for  
Spiritual Formation®  
February 12-17, 2012



[www.5daynorthtexas.org](http://www.5daynorthtexas.org)

**The Academy for Spiritual Formation® is...**

- A holy time for intentional spiritual growth by lay and clergy persons in a disciplined community of prayer, study, worship and fellowship
- An opportunity for celebrating holistic spirituality and the renewal of body, mind and spirit
- A place where community silence enhances personal prayer and reflection
- A time to experience holy time and holy rhythm through morning, evening, night prayers, and daily Eucharist
- An experience valued by persons of all denominations
- Five Days to nourish your thirst for authentic prayer, gentle silence, fresh perspective, enlivening worship, rich conversation, and untamed hospitality



Welcoming

## Academy Faculty

**Dr. Kathryn Damiano**



Kathryn Damiano is a Quaker who brings to her ministry nearly 30 years of commitment to a life of prayer and as a spiritual director.

She co-founded the School of the Spirit Ministry and had served as teacher and spiritual director at Pendle Hill, a Quaker Center for study and contemplation. Her formal training consists of a Master of Divinity from United Theological Seminary (United Methodist), a Masters degree in counseling psychology, an internship in spiritual direction at the Jesuit Renewal Center, and a Ph.D. in spiritual theology. Dr. Damiano's research involved visiting and studying various religious communities to discern how we are formed within community. In 2000, Kathryn moved from Philadelphia, PA, to Wichita, Kansas, to join the Friends of Jesus Community ministry of living in a low-income area of the city to be a presence to promote interracial reconciliation. She and her husband live in the solar-powered home they built.

**Recommended Text:**

***The Sabbath: Its Meaning for the Modern Man*, Abraham J. Heschel**

**Rev. Larry Peacock**



Larry Peacock is an ordained United Methodist pastor, a spiritual director, retreat leader and author. He has served churches in England, Michigan and California. After completing The Upper Room's Two Year Academy for Spiritual Formation, Larry became the retreat leader for the Upper Room Academy in California. He is now Executive Director of the Rolling Ridge Retreat Center, Andover, Mass., and works with Upper Room as a member of the Academy Advisory Board and as a faculty speaker across the country. He is the author of *Openings; Heart and Soul: Spiritual Formation in the Local Church; The Getting Started Guide to Companions in Christ; Water Words: Inclusive, Fresh Liturgy for Worship;* & articles in *Weavings, Alive Now, and Alternatives*. He contributed writings to the *Spiritual Formation Bible* and *Sourcebook of Worship Resources, vols. 1,2,&3*. He is married to author and pastor, Anne Broyles and is the father of two wonderful children and two foreign exchange daughters.

**Recommended Text:**

***Openings: A Daybook of Saints, Psalms, and Prayer* by Larry J. Peacock, and *Living Prayer* by Robert Benson**

**ABOUT RECOMMENDED READING TEXTS** — *The texts above have been recommended by the faculty for reading prior to the Academy. You will not be asked to give a book report, however, the reading can be an important part of your personal preparation to realize the fullest possible spiritual growth experience.*

# Academy Team welcomes you!



Bob Holloway, Retreat Leader— [bob@ctcumc.org](mailto:bob@ctcumc.org)

Donna Bohlcke, Hospitality — [donna@bohlcke.com](mailto:donna@bohlcke.com)

Steve Langford, Covenant Groups — [steve@fumcgt.org](mailto:steve@fumcgt.org)

Judy Holloway, Worship — [bjholloway@sbcglobal.net](mailto:bjholloway@sbcglobal.net)

Jason Valendy, Web Media — [jvalendy@ahumc.com](mailto:jvalendy@ahumc.com)


Estee Valendy, Print Media — [evalendy@arlingtonmethodist.com](mailto:evalendy@arlingtonmethodist.com)

Clara Downey, Registrar— [claradowney@ctcumc.org](mailto:claradowney@ctcumc.org)

Linda Keen, Publicity — [peachykeen@stic.net](mailto:peachykeen@stic.net)

Johnny Sears, Upper Room Nashville— [www.upperroom.org/academy](http://www.upperroom.org/academy)

*All are available for inquiries.*



***Without Christian formation in spirituality there can be no Christianity at all. Though there are many ways formation can take place, for large numbers of people, the Academy offers a structured, supportive community in which Christians can learn Christian history or find a resource for their own growth in the love of God and neighbor, take risks spiritually, and find the courage to submit to God for healing the very parts of themselves they most would reject.***

***I am committed to support it. — Roberta C. Bondi***

## The Prothro Center at Lake Texoma

The Five Day Academy at Prothro Center offers spacious accommodations with spectacular views on scenic grounds for rest and renewal.

Participants may enjoy calming lakeside breezes and strolling the pathways to peace, perspective, and presence.

Single and double occupancy rooms are available. Included in the registration fee will be healthy snacks and hearty meals from dinner Sunday thru breakfast Friday.



Online registration available (\$5 convenience fee):

[www.5daynorthtexas.org/p/registration](http://www.5daynorthtexas.org/p/registration)

**Total Cost:** Double: \$550.00  
Single: \$620.00

**Early Bird Discount \$25 by Nov 1**

Deposit \$75 (non-refundable) due now

Balance by Feb 1, 2012 to

**CTC East District UMC**

**6815 Manhattan, Suite 112**

**Fort Worth TX 76107**

Cancellations accepted by Feb 1,  
less \$75 deposit

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### Five Day Academy for Spiritual Formation

Final Payment due  
Feb 1, 2012

Total Cost: Double Occupancy: \$550.00 \* Single Occupancy: \$620.00

Early Bird Discount: Deduct \$25 if Registered by November 1, 2011

Name \_\_\_\_\_ Phone #s \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_ Church \_\_\_\_\_ Lay \_\_\_\_\_ Clergy \_\_\_\_\_  
Email \_\_\_\_\_ Special Housing/Dietary Needs \_\_\_\_\_

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\* Please return this form with \$75.00 registration fee, payable to "CTC EAST DISTRICT"

Balance will be due in January.

6815 Manhattan Blvd, Suite 112  
Fort Worth, TX 76107